



# Howard County

## RECREATION & PARKS



## NORTH LAUREL COMMUNITY CENTER

### 2019 Spring/Summer Classes & Activities

[www.howardcountymd.gov/NLCC](http://www.howardcountymd.gov/NLCC)



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HoCoParks  
APP





# General Information

9411 Whiskey Bottom Road, Laurel, MD 20723  
[www.howardcountymd.gov/NLCC](http://www.howardcountymd.gov/NLCC)

## Staff

<b>Facility Director</b>	
Matt Madera	410-313-0456
<b>Assistant Director/Rental Coordinator</b>	
Tessa Hurd	410-313-0457
<b>Program Coordinator</b>	
Ashley Jones	410-313-0458
Center Registration	410-313-0390
Center Info Line	410-313-4452
Fax	240-568-3030

## Hours

8am-9pm, M-Sa; 9am-6pm, Su  
**Closed:** Apr 21, May 27, Jul 4, Sep 2, Nov 28-29  
**Closing at 5pm:** Dec 24, Dec 31

## Refund Policy

We recognize that you may wish to withdraw for a variety of reasons, but our policy encourages early decisions so as to not affect other customers or our ability to efficiently deliver the programs. At a minimum, all refund requests are subject to a 20% administrative fee. Additional fees may be assessed to recover costs associated with the program. Class programs require at least two weeks advance notice of withdraw to avoid the additional fees. Trip refunds may reflect pre-paid admissions; but the option to transfer your ticket may be considered. Competitive sport program time frame for refunds reflects planning time and team selections; check refund details on website. There are no refunds for missed sessions.

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### Korean 한국어

당신은 한국말을 사용하십니까? 저희가 전화상으로 한국말 통역을 도와드릴 통역사를 제공해 드리겠습니다. 이 서비스는 무료입니다.

### Mandarin 普通话

你会说普通话吗? 我们可以为您提供电话上的翻译员。此服务是免费的。

### Spanish Español

¿Habla Español? Le proveeremos un interprete por teléfono. Este servicio es gratis.

Call our toll-free phone number:  
1-800-444-6627.  
Enter PIN number 12372435

# 5 EASY WAYS TO REGISTER

## Howard County Residents:

Online registration starts March 6 at 6pm.  
All other methods start March 7.

## Out-of-County Residents:

Online registration start March 13 at 6pm.  
All other methods start March 14.



### ON-LINE

[www.howardcountymd.gov/rap](http://www.howardcountymd.gov/rap)

*An online account is required and may take up to 48 hours to process.*



### PHONE

410-313-0390 (8am-9pm, M-Sa;  
9am-6pm, Su) TTY: 410-313-4665



### MAIL-IN

Howard County Recreation & Parks  
7120 Oakland Mills Road  
Columbia, MD 21046



### WALK-IN

North Laurel Community Center  
9411 Whiskey Bottom Road, Laurel  
(8am-8pm, M-Sa; 9am-5pm, Su)



### FAX

410-313-3030

Financial assistance and payment plans available for Howard County residents. We also offer scholarships.

For more information, call our registration line.



*Drop-in for Pickleball on Fridays from 9am-noon.*

## Drop-In Fun

- Info and to confirm time: 410-313-0390.
- Center Membership required.

## Basketball

Join other athletes of all ability levels. Games are self-officiated.

16 yrs + 6-7pm Tu

50 yrs + 10am-noon M

## Badminton

Join badminton players of all ability levels to play singles and doubles.

16 yrs + 9am-noon W

## Billiards

Rack'em up and come play some pool!

18 yrs + 10am-2pm Tu

## Pickleball

Learn and practice your pickleball skills. This sport is fun and combines elements of tennis, badminton and ping pong.

16 yrs + 9am-noon F

## Ping Pong

Are you a menace at table tennis?

16 yrs + 6-8:30pm W,Th

16 yrs + Noon-4pm Sa

## Volleyball

Join other athletes of various ability levels. Games are self-officiated.

16 yrs + 5:30-7pm Th



*What treasures will you find on April 27?*

## Special Events & Family Activities

### Community Yard Sale at NLCC flickr

Clean out your basements, closets and garages and haul it down to the North Laurel Community Center for a day of selling and buying. Reservations required on a first-come, first-served basis. This is a rain or shine event. Registration/Info: Carrie Byrum, 443-583-3946 or nlaurelyardsale@gmail.com.

\$15 per space Free for shoppers

All ages Apr 27 8am-noon Sa

### Birthday Bash

Come celebrate the North Laurel Community Center's 8th anniversary with music, snowballs and birthday cake. Info: 410-313-0390.

All ages Jun 7 6-7pm F Free



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## Before & After Care for Elementary School 2018-2019 Academic Year

This licensed program provides varied recreational activities. The Before Care offers low-key programming while the After Care incorporates a structured energetic format. Activities include crafts, games, sports, special events and intramural competitions throughout the school year. To promote good health and wellness, we implement heart-healthy activities. Our curriculum is weekly, theme-based and focuses on healthy eating habits and active play to encourage and educate children to make positive life choices. All programs are licensed through the Maryland State Department of Education's Office of Child Care and are participants in the Maryland EXCELS programs. Info: RLC office, 410-313-3706.

### Elementary Optional Full-Day Programs

In order to register for any Optional Full Day Program, your child **MUST** be currently registered in an RLC before or after care program. When school is closed for students, RLC has all-day programs at select locations. Kids have a blast participating in a variety of recreation activities! Morning and afternoon snack provided. Parents, please bring a bag lunch (nut-free), with a drink, marked with your child's name.

Grades K-5 Info: 410-313-3706

RP2012.391	Apr 15	7am-6pm	M	\$45
RP2012.392	Apr 16	7am-6pm	Tu	\$45
RP2012.393	Apr 17	7am-6pm	W	\$45
RP2012.394	Apr 18	7am-6pm	Th	\$45

### Pre-K (0-5 yrs)

• Info: Cindy Ochs, 410-313-4681 or  
cochs@howardcountymd.gov.

### Adventures in Learning

#### My First School

This program is designed to help children make a successful transition to an independent experience. Children develop social skills while exploring the alphabet, games, music, movement, and art with a different theme each week. Fee includes snack.

2 yrs, 9 mos-3 yrs, 9 mos Classes: 10

RP3202.302	Apr 23	10am-noon	Tu,Th	\$165
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## Step into School

This specialized program is designed to help your child get ready for kindergarten. Daily activities include writing workshops, reading readiness and math skills. Activities support school curriculum goals and encourage socialization and independence. Special themes help make learning fun! Fee includes snack.

3 yrs, 9 mos-4 yrs, 9 mos Classes: 8

RP3221.302 Apr 29 9:30am-noon M,W \$145

## Marshmallow Math

Math is more fun when experimenting and playing. Explore math concepts through sorting, patterning, counting, graphing and measuring. Snack becomes an adventure when sorting Teddy Grahams or eating the number eight! Graph with marshmallows and explore terrific tangrams and shapes! Songs, art projects and manipulatives are all incorporated to help this preschool experience be meaningful and stimulating.

3-5 yrs Classes: 5

RP3206.301 Apr 26 10am-noon F \$85

## Mighty Mathematicians Camp

Math is more fun when experimenting and playing. Explore math concepts through sorting, patterning, counting, graphing and measuring. Have a ball with gumballs, graph with marshmallows, explore terrific tangrams and learn basic addition and subtraction. Manipulatives are incorporated to help this preschool experience be meaningful and stimulating. Math related art projects add to the fun!

3-5 yrs Days: 4 No camp 7/4

RP3206.401 Jun 3 9am-1pm M,W-F \$159

## Crafts & Fine Arts

### Abrakadoodle Art Twoosy Doodlers (Parent/Child)

Parents and kids, experiment with art materials while developing fine motor skills, hand-eye coordination, creativity, readiness skills, confidence, ability to play with others and imaginative thinking. Non-toxic materials used. Sculpt, stamp, cut, glue, draw, color, listen to stories and sing songs! Frames and protective aprons provided.

20-36 mos Classes: 6

RP0133.302 Apr 27 9:30-10:15am Sa \$95



*Draw, craft, or paint a masterpiece!*

## Abrakadoodle Art Mini Doodlers

Get creative! Learn and emulate drawings of artists with new themes and topics! Paint, learn wet-on-wet techniques, create large-scale artwork and explore a variety of materials to create original art. Lessons are designed to ignite the imagination, foster creativity and develop new skills. Frames and protective aprons provided.

3½-5 yrs Classes: 6

RP0134.302 Apr 27 10:30-11:15am Sa \$95

## Youth (5-10 yrs)

• Info: Scott Corning, 410-313-4622 or  
scorning@howardcountymd.gov.

## Crafts & Fine Arts

### Spring Break Workshop with KidzArt!

School is out, but the fun continues with KidzArt Workshops! Engage your imagination in a whole new way! Our format allows you to learn fine art techniques while encouraging creative thinking in a relaxed environment. Explore a variety of artist grade materials through exciting drawings and 3D projects from popular summer camps. Breaks for snack, lunch and active play included too! Please bring an apron, smock or wear old clothes.

#### The Artist in Me

Grades K-5 1 week Apr 15 M-F \$45 materials fee

RP0113.392 Full Day 9am-4pm \$275

RP0113.394 Extended Day 8am-5:30pm \$385



*Tweens learn the skills needed to enter the modeling industry.*

## Teens & Tweens (11 yrs +)

### Crafts & Fine Arts

• Info: Kiki Fagan, 410-313-4609 or  
kfagan@howardcountymd.gov.

### Painting for Teens

Explore different portrait styles and coloring tips. Learn basic proportions of the head and spacing of features. Render features, textures and go from black and white to color. Review three different head views (frontal and both side views). Bring a sketch pad and 8x10 photos to use as source material. Drawing experience helpful, but not required.

11-17 yrs Classes: 4

RP2853.301 Apr 27 10:30am-noon Sa \$79

### Enrichment

• Info: Holly Harden, 410-313-4625 or  
hharden@howardcountymd.gov or  
sean@teenfashionshow.com.

## Modeling School: Commercial Acting and Modeling

Join Sean Gibson, a scout for Model Citizens Models, LLC for this workshop designed to teach you the skills needed to enter the modeling industry. Class also focuses on personality development, confidence, interviewing skills, auditioning, goal-setting, public speaking techniques, and more! Not planning to be a model? How about having the confidence of a model! Students perform a monologue or commercial in the graduation event.

8-13 yrs Classes: 5

RP2867.401 Jun 29 Noon-1:30pm Sa \$85



*Use watercolor, acrylics, pastels, and other materials to create a masterpiece in our Adult Art Camp.*

## Adults (18 yrs +)

### Crafts & Fine Arts

• Info: Danielle Bassett, 410-313-4634 or  
dbassett@howardcountymd.gov.

### Drawing & Painting

## Adult Art Camp with Ann Wiker

Why should kids have all the fun? Come experience different media and receive individualized instruction on long-term projects. Media to consider includes acrylics, watercolor, oil paint, pastels, charcoal, and collage. Materials list provided in our online registration website (ActiveNet).

18 yrs + Classes: 4

RP0221.401 Jun 10 6:30-8:30pm M-Th \$75

### Lifelong Learning

• Info: Karen Bradley Ehler, 410-313-4635 or  
kehler@howardcountymd.gov.

## Personal Security: You & Your PC with Constance Lowe

Security starts and stops with you. Increase your awareness and learn basic prevention and protection steps while using your laptop, tablet, and smartphone. Gain knowledge about common security measures like learning to create strong passwords and remember them. This class demonstrates computer security best practices to follow. Become informed about unsafe practices your kids may be doing on the internet.

18 yrs + Classes: 3

RP3415.301 Apr 9 7-8pm Tu \$68



*Learn some easy songs from Hawaiian tunes to folk and rock songs on your ukulele.*

## How to Travel Inexpensively with Ken Greco

Learn secret tips from an experienced traveler. For 45 years, Ken Greco has traveled the world professionally and for pleasure. Discover how to get the most of your travel money (including secrets on hotels, rental cars, cruises, and airline & rail travel). The course covers travel in the USA, Caribbean, and Europe, advantages and disadvantages of escorted tours, self-planned trips, and virtual planning.

18 yrs +   Classes: 2

RP3419.301   Apr 17   7-9pm   W   \$75

## Music & Theater Arts

• Info: Karen Bradley Ehler, 410-313-4635 or [kehler@howardcountymd.gov](mailto:kehler@howardcountymd.gov).

### Intro to the Ukulele with Thomas Davey

Ever wanted to play an instrument but thought it was too hard? It's never too late and the ukulele is one of easiest instruments to learn! Learn the basic techniques and some easy songs from Hawaiian tunes to folk and rock songs. It is also an affordable instruments, so bring your own Ukulele to class and a 3-ring binder. Instruments on sale: [www.musicarts.com](http://www.musicarts.com).

18 yrs +   Classes: 8

RP0228.301   Apr 10   7-8:30pm   W   \$95

## Active Aging (55 yrs +)

### Crafts & Fine Arts

• Info: Curtis Gore, 410-313-7281 or [cgore@howardcountymd.gov](mailto:cgore@howardcountymd.gov).

### Stained Glass Workshop: Geode Hanging

Come learn to make a stained-glass window hanging that is beautiful in the day (back lit) and night (front lit). Join us as we make a 10" diameter stained glass hanging using the copper foil technique. The hanging contains a geode surrounded by glass nuggets and pieces of stained glass. Learn to cut, foil, position, and solder stained glass, and to finish and gram the piece with lead cane. No experience necessary; tools and materials are provided.

Classes: 1

RP3536.301   N Laurel Comm Ctr   Mar 31   11am-3pm   Su   \$89

RP3536.401   N Laurel Comm Ctr   Jul 14   11am-3pm   Su   \$89

### Dance

• Info: Ruth Coleman, 410-313-7311 or [rucoleman@howardcountymd.gov](mailto:rucoleman@howardcountymd.gov).

### Learn to Swing Dance

Learn to swing dance! Be sure to sign up separately for the Swing Dance Socials the first Thursday of each month to try out your latest moves. No class 4/4, 5/2.

Classes: 6

RP3532.301   Mar 21   7-8:25pm   Th   \$89

### Social Square Dancing

You can dance without worrying if you're on the wrong foot. Grab your partner and join our accredited square dance caller to show off your best do-si-do! Dancers of all levels are welcome. Instruction provided for those who are new to square dancing. Partners are not required, we can pair you up when you arrive!

Classes: 6

RP3510.301   Mar 19   7:30-9pm   Tu   \$89

RP3510.302   Apr 30   7:30-9pm   Tu   \$89



*Active Aging dance classes let you burn calories while having fun!*

## NEW! Square & Round Dances

Grab your partner and join us for an evening of square and round dancing. These dances are for experienced square and round dancers featuring mainstream dance moves. Dances are led by certified callers and cuers. Please wear shoes appropriate for dancing. **No advanced registration. Please pay when you arrive.**

7-9pm Tu \$10 Classes: 1

Jun 18	Jul 2	Jul 16	Jul 30	Aug 13
Jun 25	Jul 9	Jul 23	Aug 6	Aug 20

## Fitness

• Info: Amy Patton, 410-313-4718 or  
apatt@howardcountymd.gov.

## Booty Camp Cardio with Marissa Intelisano

Total motivation — no yelling or screaming. Designed to torch calories, crank up your metabolism, change your body, and life. Booty Camp Cardio builds confidence with an array of cardio and strength moves utilizing balls, bands, weights and your own body weight. Free class 4/17, register at [www.freedomfitness.info/events](http://www.freedomfitness.info/events). No class 5/27.

18 yrs + Classes: 18

RP8430.304 Apr 24 6:30-7:20pm M,W \$117

18 yrs + Classes: 12

RP8430.404 Jul 10 6:30-7:20pm M,W \$78

## Cardio Kickboxing with Robin Robinson

Exercise has never been so much fun! This class is a calorie-burning, dance-party exercise session that combines tae bo, aerobics and dance. And did we mention great music? Come out and get in shape while having fun at the same time! Suitable for all fitness levels.

No class 7/2, 7/4.

18 yrs + Classes: 6

RP8551.301 Apr 16 7-8pm Tu \$48

RP8551.302 Apr 18 7-8pm Th \$48

18 yrs + Classes: 12

RP8551.303 Apr 16 7-8pm Tu,Th \$96

18 yrs + Classes: 7

RP8551.401 Jun 18 7-8pm Tu \$56

RP8551.402 Jun 20 7-8pm Th \$56

18 yrs + Classes: 14

RP8551.403 Jun 18 7-8pm Tu,Th \$112

## Total Impact Workout with Royale Fit AAI/ISMA

Are you ready to maximize your workout time while attaining your fitness goal in a fun atmosphere? This workout is designed to propel you to your fitness goal with a high intensity interval full body workout guaranteed to burn fat, increase metabolism and strengthen your muscles. Each session consists of 15 minutes of jump rope cardio blast, body weight exercises, muscle toning, core workouts and stretches in a party atmosphere. Get ready to meet the upgraded version of you, full of confident, strong and fit. All fitness levels welcome. Bring along a jump rope, a mat and 5 or 10 lbs. pair of dumb bell. (Jump ropes are available for sale.) No class 5/25.

18 yrs + Classes: 8

RP8550.301 Apr 20 10:30-11:30am Sa \$76

18 yrs + Classes: 9

RP8550.302 Apr 17 7:30-8:30pm W \$86

18 yrs + Classes: 5

RP8550.401 Jul 6 10:30-11:30am Sa \$48

RP8550.402 Jul 3 7:30-8:30pm W \$48

## Zumba

Zumba takes the “work” out of “workout” by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and world rhythms take over, you’ll see why Zumba® Fitness is exercise in disguise. Super effective? Check. Super fun? Check. Zumba is a total workout,





*At Zumba, the teacher shows you moves to put to music. Find yourself smiling and sweating.*

combining all elements of fitness: cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class.

18 yrs + 9:30-10:30am Sa With Siken Holden

RP8360.302 Classes: 8 Apr 27 \$96

RP8360.402 Classes: 6 Jun 29 \$72

18 yrs + 7:30-8:20pm M With Temi Roberts

RP8662.301 Classes: 7 Apr 29 (No class 5/27) \$53

## Active Adults & Fitness

• Info/Fitness Waiver:

Curtis Gore, 410-313-7281 or  
cgore@howardcountymd.gov.

## Fitness for Life with Lori Nowicki, ACE, AFPA

This class, designed for active adults, combines easy-to-follow aerobics, weight and cardio training with Keiser and Precor equipment, free weights, bands, floor exercises, balance training and stretching. A fitness waiver must be completed prior to exercising. No class 5/2 - 5/4, 5/6 - 5/9, 5/27, 7/4, 7/5.

55 yrs + Classes: 12

RP8666.301 Apr 24 12:50-2:05pm M,W \$72

55 yrs + Classes: 20

RP8666.401 Jun 17 12:50-2:05pm M,W \$120

## CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information at [www.howardcountymd.gov/concussion](http://www.howardcountymd.gov/concussion) and [www.howardcountymd.gov/suddencardiacarrest](http://www.howardcountymd.gov/suddencardiacarrest).

Review of this information is required by law before you are allowed to register for youth sports programs.



*Learn the skills of batting, catching, throwing, and base running with Tiny Tykes Tee Ball.*

## Sports

### Tee Ball

• Info: Amanda Bartell, 410-313-1694 or  
abartell@howardcountymd.gov.

### Tiny Tykes Tee Ball

Batter up! Nobody strikes out and everyone hits home runs! Our age-appropriate equipment and activities are designed to provide a successful introduction to the skills of batting, catching, throwing, and base running. Parents are encouraged to follow the coach's instructions to assist in the games and activities with your child. No class 5/27.

3-4 yrs Classes: 6

RP6053.303 Apr 23 5-5:45pm Tu \$75

## Basketball

### Little Tykes Hoops Basketball

In this class, having fun is sure to be a slam dunk! Children are introduced to beginner basketball concepts such as dribbling, passing and shooting through a curriculum of exciting and fun-filled games and activities. Parents are encouraged to follow the coach's instructions to assist in the games and activities. No class 5/27. Info: Amanda Bartell, 410-313-1694 or  
abartell@howardcountymd.gov.

3-4 yrs Classes: 6

RP6086.304 Apr 24 12:30-1:15pm W \$75



*Sitting all day? Come play in one of our adult basketball leagues at night!*

## Adult Basketball League

Pull down some boards, tickle the twine, or dish out some assists. Our goal is to place your team in a division of similar skills. All teams participate in postseason playoffs. Fee includes officials, staff, awards, equipment, facility rental, and administration. Games are played at the Meadowbrook Athletic Complex, North Laurel Community Center, and Roger Carter Community Center. Info: Mark Pendleton, 410-313-4703 or [mpendleton@howardcountymd.gov](mailto:mpendleton@howardcountymd.gov) or [www.hcrpsports.com/basketball](http://www.hcrpsports.com/basketball).

## Spring Basketball League

6 weeks Men 7-11pm Register by Mar 22

RP5080.301	18 yrs +	Apr 9	Tu	\$510 per team
RP5080.302	30 yrs +	Apr 9	Tu	\$510 per team

6 weeks Men 8-11pm Register by Mar 22

RP5080.303	18 yrs +	Apr 10	W	\$510 per team
RP5080.304	18 yrs +	Apr 11	Th	\$510 per team
RP5080.305	40 yrs +	Apr 11	Th	\$510 per team

## Summer Basketball League

Register by May 24 (by May 18 for a 5% discount)

8 weeks Men 7-11pm

RP5080.401	18 yrs +	Jun 11	Tu	\$645 per team
RP5080.402	30 yrs +	Jun 11	Tu	\$645 per team

8 weeks Men 8-11pm

RP5080.403	18 yrs +	Jun 12	W	\$645 per team
RP5080.404	18 yrs +	Jun 13	Th	\$645 per team
RP5080.405	40 yrs +	Jun 13	Th	\$645 per team

## Fall Basketball League

Register by Aug 23 (by Aug 16 for a 5% discount)

8 weeks Men 7-11pm

RP5080.501	18 yrs +	Sep 10	Tu	\$645 per team
RP5080.502	30 yrs +	Sep 10	Tu	\$645 per team

8 weeks Men 8-11pm

RP5080.503	18 yrs +	Sep 11	W	\$645 per team
RP5080.504	18 yrs +	Sep 12	Th	\$645 per team
RP5080.505	40 yrs +	Sep 12	Th	\$645 per team

## Lacrosse

• Info: Amanda Bartell, 410-313-1694 or [abartell@howardcountymd.gov](mailto:abartell@howardcountymd.gov).

## Mighty LAXers flickr

Calling all Mighty LAXers! This high energy curriculum introduces children to important fundamentals of lacrosse such as scooping, cradling, and shooting. Age appropriate equipment is used to provide children with a safe and fun experience in every LAXers class! Parents are also encouraged to follow the coach's instructions to assist in the games and activities. No class 5/27.

3-4 yrs Classes: 6

RP6972.305	Apr 25	6-6:45pm	Th	\$75
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## Martial Arts

• Info: Amanda Bartell, 410-313-1694 or [abartell@howardcountymd.gov](mailto:abartell@howardcountymd.gov).

## D & S Karate

Improve coordination, confidence, flexibility, balance, agility and focus while learning the art of karate and jujitsu. Our certified black belt instructors are nationally ranked experts in martial arts and have years of classroom experience instructing children in the art of self-defense and personal accomplishment.

No class 5/27.

6-13 yrs Classes: 5

RP8710.301	Apr 29	7-8pm	M	\$30
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## CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information at [www.howardcountymd.gov/concussion](http://www.howardcountymd.gov/concussion) and [www.howardcountymd.gov/suddencardiacarrest](http://www.howardcountymd.gov/suddencardiacarrest).

Review of this information is required by law before you are allowed to register for youth sports programs.

## Kuk Sool Won with Darren Fulmore

Kuk Sool Won is a systematic study of all the traditional fighting arts, which together comprise the martial arts history of Korea. This extremely well-organized class seeks to integrate and explore the entire spectrum of established Asian fighting arts and body conditioning techniques, which consist of kicking, punching, martial acrobatics and self-defense techniques, into a beautiful and dynamic hard/soft style focusing on discipline and respect.

6 yrs + Apr 23 Tu,Th Classes: 14

RP8760.301 Beginner 6:30-7:30pm \$46

RP8760.302 Advanced 7:30-8:30pm \$53

6 yrs + Apr 27 Sa Classes: 7

RP8760.303 All levels 9-11am \$52

6 yrs + Jun 18 Tu,Th Classes: 18

RP8760.401 Beginner 6:30-7:30pm \$59

RP8760.402 Advanced 7:30-8:30pm \$68

## Multi-Sport

### Little Big Shots

This multi-sport program introduces children to basketball, tee ball and soccer through a curriculum full of exciting and engaging games and activities. Parents are encouraged to follow the coach's instructions to assist in the games and activities. Info: Amanda Bartell, 410-313-1694 or [abartell@howardcountymd.gov](mailto:abartell@howardcountymd.gov).

3-4 yrs Classes: 6

RP6314.306 Apr 25 5-5:45pm Th \$75

## Ultimate Sports & Games Spring Break

Enjoy basketball, flag football, kickball, lacrosse, baseball, soccer, and much more in this coed program. Have fun, stay fit, build character and boost self-esteem. Activities take place both indoors and outdoors. Participants will bus to the Roger Carter Community Center for a day of swimming activities! The program runs rain or shine. Bring a non-perishable lunch (no nut products) and a water bottle. An extended option is available (RP7004). Info: Greg Meyd, 410-313-1162 or [gmeyd@howardcountymd.gov](mailto:gmeyd@howardcountymd.gov).

8-13 yrs Classes: 5

RP7001.302 Apr 15 8am-3pm M-F \$175

### Ultimate Sports & Games Extended Spring Break

RP7004.302 Apr 15 3-6pm M-F \$89



*Join a high-energy, fun introduction to soccer program with Mighty Kickers Soccer.*

## Soccer

• Info: Amanda Bartell, 410-313-1694 or [abartell@howardcountymd.gov](mailto:abartell@howardcountymd.gov).

### Mighty Kickers Soccer

GOAL! Coaches provide a high-energy, fun introduction to soccer. Mighty Kickers uses a creative, age-appropriate curriculum to introduce basic soccer skills to kids including dribbling, passing and shooting while providing an entertaining and friendly atmosphere! Parents are encouraged to follow the coach's instructions to assist in the games and activities. No class 5/27.

3-4 yrs Classes: 6

RP6705.304 Apr 23 6-6:45pm Tu \$75

RP6705.305 Apr 24 1:30-2:15pm W \$75

## Volleyball

• Info: Carson Nickell, 410-313-4720 or [cjnickell@howardcountymd.gov](mailto:cjnickell@howardcountymd.gov).

### Volleyball Skills Development

Practice makes perfect! This program is for new players who enjoy this exciting sport and want to learn the basics. Individual players develop skills and improve existing ones. Lessons emphasize sportsmanship, skill technique, hard work and fun in a team atmosphere. Learn skills such as passing, hitting, setting and serving. No class 5/27.

Apr 29 M Classes: 8

RP5892.301 8-12 yrs 6-7:30pm \$130

RP5892.311 13-16 yrs 7:30-9pm \$130



## 3 GREAT CENTERS 1 LOW PRICE!

The Fit4U Package allows you to use North Laurel, Gary J. Arthur and Roger Carter's Community Centers' fitness facilities.

No enrollment fees.

Center membership included!

### Pricing

Yearly.....	\$25/month
6 Months.....	\$30/month
3 Months.....	\$35/month
Monthly.....	\$40/month
Drop-In/ Guest Rate.....	\$5/visit

### Benefits

- Access to the fitness & dance/aerobics rooms at (non-class) times.
- Use of the gymnasium during open and "drop-in" programs.
- Use of the swimming pool at RCCC during open swim times.
- Access to the game rooms at GJACC and NLCC.
- Discounted Center activities and events.

### Additional Information

- For ages 13-15 at GJACC, NLCC and RCCC, parental supervision is required and each child must complete a mandatory orientation.
- Discounted rates available for members ages 50+.
- Discounted rates available for couples (two adults in same household).
- Discounted rates available for members ages 3-12, parental supervision is required (includes use of the swimming pool and gymnasium during drop-in hours and programs but does not include fitness rooms).
- Call for more pricing information.

Gary J. Arthur Community Center: 410-313-4840  
North Laurel Community Center: 410-313-0390  
Roger Carter Community Center: 410-313-2764

GJACC = Gary J. Arthur Community Center  
NLCC = North Laurel Community Center  
RCCC = Roger Carter Community Center